In an effort to be more health and safety conscious, St Andrew's School has adopted a “No Food Sharing” Practice. This practice will not infringe on the food that parents provide for their own child.

**Rationale**

The health and wellbeing of our students is a paramount concern to us. Our commitment to the inclusiveness of all children and their safety is behind our Policy of no sharing of any food. Enacting this policy will:

- Limit potential dangers of exposure to life threatening food allergies for students and staff.
- Limit exposure to students of restricted foods which parents do not want their children eating (ie. Sugar restrictions, Gluten free). This directly relates to problems with increasing rates of childhood obesity.
- Reduce the amount of unhealthy (high sugar, high fat) foods students are given at school. (This has a very direct impact on student attention, behaviour and academic engagement.)
- Reduce the problems of sharing food with only ‘certain’ students and not others.

**Implementation**

For this Policy to be effective: Staff, Students and Parents need to ensure there is:

- No food sharing or trading during snack or lunch time
- No food for birthday celebrations
- No food to be given as rewards
- Limited use of food for classroom celebrations

This Policy will be highlighted to all new families and will be noted in the Parent Handbook.

* This Policy needs to be read in conjunction with the St Andrew’s Medical Policy.